

YOUR MOVE






WITH ANDY STANLEY

SERIES: ADDRESS THE MESS

Episode 4: “Messy-er”

The messes in our lives can be, well . . . messy. And if we’re not careful, they can become even messier. So, how do we make choices that lead us forward instead of backward?

QUESTIONS

- 01**  Have you ever made a messy situation messier? How so?
- 02**  When you’re in a difficult situation and you’re not sure what to do, how do you typically respond? (Retreat inwards? Reach out for help? Ignore it?)
- 03**  Discuss a time you witnessed someone make a difficult—but ultimately better—decision, even when there was an easier way around it.
- 04**  What’s the hardest part about “taking the high road” instead of the path of revenge?
- 05**  Think about a decision in your life right now. Consider all the possible options. How could asking, “What story do I want to tell?” help you make a decision? Which options could lead to a story you *don’t* want to tell later on?

NOTES

BOTTOM LINE

The real story isn’t the messiness in your life—it’s your response to it.



Learn something new? Have any epiphanies? Tweet your story and tag us @YourMove.