

YOUR MOVE





WITH ANDY STANLEY

SERIES: BETTER DECISIONS, FEWER REGRETS

Episode 3: "The Conscience Question"

We all experience those "red-flag moments" when something doesn't sit quite right within us. The longer we ponder the decision we are about to make, an internal tension grows. Are you paying attention to that tension?

QUESTIONS

- 01  When was the last time a decision raised a "red flag" in you? What did you do about it?
- 02  Do you have a system in place to "check" the decisions you make?
- 03  What motivates you when contemplating your choices?
- 04  What is your experience with self-discipline? If you excel, what advice do you have for others? If you need work, what is one way you can challenge yourself to grow this week?

NOTES

BOTTOM LINE

Paying attention to your internal tension can open up possibilities for pathways you never thought possible.

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