

SERIES: BETTER DECISIONS, FEWER REGRETS

Episode 4: "The Maturity Question"

Our natural inclination is to live as close to the line as possible, often attempting to get away with as much as we can without facing the consequences. This is a slippery slope, so what can we ask ourselves to step away from the edge?

	QUESTIONS	NOTES
01	Do you have an example of a time you made a decision that was not wrong but unwise? How did it inform your following actions?	
02 >>>>	Where do you currently invest most of your time?	
03	How has culture shifted your personal boundary lines? Is there an area of your life that should be altered after asking yourself, "What is the wise thing to do?	
04	What are you dreaming about, and what is one active step you can take today to get closer to accomplishing it?	

BOTTOM LINE

Pondering our past, present, and future circumstances creates opportunities for either cultivating more excuses — or wise reasoning for our actions.

Learn something new? Have any epiphanies? Tweet your story and tag us @YourMove.