

SERIES: STARTING OVER

Episode 2: "Own It"

You can't blame your way into a better future. So, how do you own your share of the past so it doesn't own you?

	QUESTIONS	NOTES
01 >>>>	Describe a time when you let yourself down (when you broke your own rules).	
02 >>>>	Why is blaming others so easy to do?	
03	Do you agree that blame enables us to smuggle our issues into the future? Why or why not?	
04	Jesus said, "Blessed are the pure in heart, for they will see God." Think about someone you know who has put in the hard work of "purifying their heart" by owning their past. What can you learn from them?	
05 >>>	When you think about your past, is there anything you need to own in order to move on? What would you need to do to make peace with your past?	

BOTTOM LINE

Own your share of the past so it doesn't own you.

Discover something new? Have any epiphanies? Tweet your story and tag us @YourMove.