

YOUR MOVE






WITH ANDY STANLEY

SERIES: ME & MY BIG MOUTH

Episode 3: “According to Code”

Words have power. The words spoken *about* you and *to* you have shaped the person you are today. So, how do you use this power for good?

QUESTIONS

- 01**  We’ve all had people tear us down. But who in your life has been there to build you up? How have they done that?
- 02**  Do you struggle with “building others up”? If so, why do you think it can be difficult?
- 03**  When has someone said something to you that was helpful, even if it didn’t feel good to hear?
- 04**  Are there relationships in your life that are fueled by bitterness? Who might you need to forgive? What holds you back from starting that conversation?
- 05**  In regards to your words, where do you have work to do? Who would benefit from your efforts?

NOTES

BOTTOM LINE

Forgiveness is the decision to give someone from the past what they don’t deserve so you can give those around you what they do deserve.