

## SERIES: YOU'RE NOT THE BOSS OF ME

Episode 3: "Envy"

There will always be someone who seems smarter, richer, or cooler. So how do we keep discontentment and comparison from stealing the life that's right in front of us?

	QUESTIONS	NOTES
01	What currently triggers your strongest feelings of envy (e.g., social media, friends, work)? Explain.	
<b>02</b> >>>>	Are you competing internally with anyone (e.g., a parent, sibling, friend)? Is there something you're trying to prove to them?	
03	Are there things in your life you're not enjoying because of envy toward someone else? Explain.	
04	"Better one handful with tranquility than two handfuls with toil and chasing after the wind" (Eccl. 4:6). Is there a situation in your life in which you might find peace if you were to pursue less, instead of more?	
<b>05</b> >>>>	In an effort to combat envy, who is someone you can celebrate, congratulate, or thank? What might be the result?	

## **BOTTOM LINE**

Look to others for inspiration, not imitation.