

SERIES: YOU'RE NOT THE BOSS OF ME

Episode 5: "Fear"

Living with too much fear can cause us to become self-absorbed, distracted, and overly protective. So how do we keep fear from controlling what we say and do?

	QUESTIONS	NOTES
01 >>>>	On a scale from 1 to 10, how fearful do you consider yourself?	
02 >>>>	When fear comes your way, what is your go-to coping mechanism?	
03	Our internal fears influence the decisions we make. When has fear helped you make a good decision? When has it led you to make a decision you later regretted?	
04 >>>>	Describe a recent situation in whic you've felt more fear than usual.	h
05 >>>>	If you grew up in or around Christianity, did you ever hear that God cares about your personal circumstances? Explain.	
06	Fear is a part of everyone's life. What role would you like it to play in your life? What could you do to make this happen? Could "casting your doubts and fears on Jesus" make a difference?	

BOTTOM LINE

A life following Jesus isn't a fearless life; it's a life beyond fear's control.