




A ROAD MAP FOR LIFE

Along the road of life, we all pick up some baggage. But how do you keep the ghosts of your past from showing up in your future?

RULES FOR THE ROAD

- 1** Don't travel alone.
- 2** Don't pick up strangers.
- 3** Choose a destination, then borrow a map.
- 4** Don't carry unnecessary baggage.

QUESTIONS

- 01**  Which of the “rules” above is most challenging? Why?
- 02**  Who in your life has achieved something you hope to achieve one day? How (and when) could you ask them to share their wisdom with you?
- 03**  Do you have a lingering bitterness toward anyone from your past? If so, consider these steps:
 - 1. Identify the person.
 - 2. Determine what they took from you.
 - 3. Declare the debt canceled.

What are the pros and cons of this approach?

NOTES

BOTTOM LINE

Forgiveness is about freedom, not fairness.



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