






## WHAT TO DO WHEN THERE'S NOTHING YOU CAN DO

When life offers no good options and no perfect answers, what are you left with? And, more importantly, how do you move forward?

### QUESTIONS

- 01**  Describe the last time you faced a difficult situation that left you feeling stuck. What did you do?
  
- 02**  Have challenges in your life ever exposed the authenticity (or lack of authenticity) of your beliefs? What did you learn about yourself in the process?
  
- 03**  Have you ever been a part of a religious or faith community that was focused on getting God to do good things for you? If so, what was your experience?
  
- 04**  Have you ever viewed a difficult situation as an opportunity to mature and grow as a person? Does this seem like a worthy goal? Explain.
  
- 05**  How would you define wisdom? Could pursuing wisdom and perspective help you get through a difficult circumstance? If so, what would be a simple first step?

### NOTES

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### BOTTOM LINE

*God will use what he chooses not to remove.*

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Learn something new? Have any epiphanies? Tweet your story and tag us @YourMove.